

# The SCERTS Model An Overview









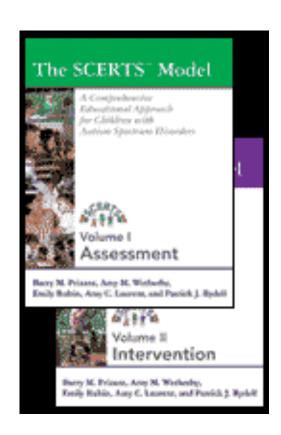
Collaborators

Barry Prizant, Ph.D. Amy Wetherby, Ph.D. Emily Rubin, MS Amy Laurent, Ph.D.



# The SCERTS<sup>®</sup> Model Collaborators

- Barry Prizant, Ph.D.
- Amy Wetherby, Ph.D.
- Emily Rubin, MS
- Amy Laurent, Ph.D.





### What is SCERTS?

SCERTS is an evidence-based framework that provides guidelines for helping an individual become a competent social communicator and an active learner.

Guidelines are also provided to help an individual to be most available for learning and to prevent problem behaviors.

SCERTS is designed to help families, educators and therapists collaborate in a carefully coordinated manner.



### What is SCERTS?

SCERTS is an multidisciplinary framework that is based upon research in child development as well as research identifying the core challenges faced by children with autism and social emotional learning differences.

There is a recognition that learning in childhood occurs in the social context of daily activities and experiences. It can be adapted to meet the unique demands of different social settings for younger and older individuals including home, school, community and vocational settings.



## What is SCERTS?



A unique aspect of SCERTS is that the most significant challenges are addressed while identifying and building upon strengths.



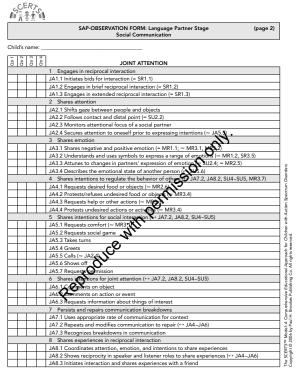
## What is the evidence-basis of SCERTS?

- SCERTS provides an evidence-based and researchinformed comprehensive framework addressing social and emotional outcomes.
- Early Social Interaction, a randomized trial in the home setting, provides evidence of addressing these key targets in early childhood and with parent engagement (Wetherby et al. 2014).
- Classroom SCERTS Intervention, a randomized trial in school-aged settings, (Morgan et al., 2018) addresses how these key targets can improve outcomes in the elementary school classroom.



### What are the domains of SCERTS?

Social Communication **E**motional Regulation **T**ransactional Support



SCORING KEY: 2, criterion met consistently (across three partners in two contexts); 1, criterion met inconsistently or with assistance; 0, criterion not met



## Why "SC" - Social Communication?



The "SC" domain provides a sequence of goals focused becoming an increasingly competent, confident, and active participant in social activities.



## Why "SC" - Social Communication?

### The "SC" domain includes two components:

### **Joint Attention**

Why an individual communicates



### **Symbol Use**

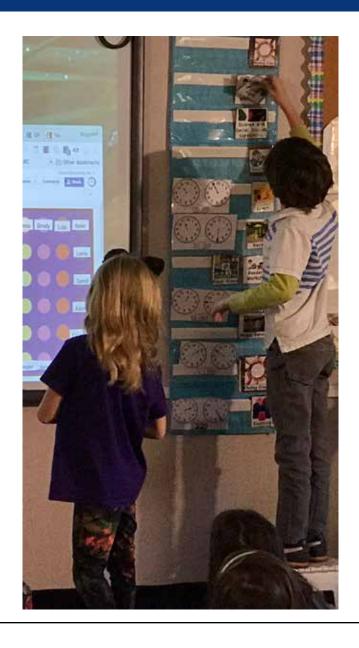
How an individual communicates



Copyright 2018 - All Rights Reserved Prizant, B., Wetherby, A., Rubin, E., & Laurent, A.



# Why "ER" – Emotional Regulation?



The "ER" domain provides a sequence of goals focused on the ability to maintain a well-regulated emotional state, cope with everyday stress, and to be most available for learning and interacting.



## Why "ER" - Emotional Regulation?

The "ER" domain includes two components:

### **Mutual Regulation**

How we cope with the help of others



### **Self Regulation**

How we cope on our own





# Why "TS" - Transactional Support?

The "TS" domain provides a detailed assessment of communication style adjustments and environmental modifications designed to meet an individual's needs.

This domain is not exclusive of other evidence-based practices or approaches. It is flexible enough to incorporate practices from a variety of approaches and teaching strategies.



# Why "TS" - Transactional Support?

## The "TS" domain includes two primary components:

#### **Interpersonal Support**

How we change our communication style



### **Learning Support**

How we modify the environment











# Why "TS" - Transactional Support?

#### The "TS" domain also includes:

### **Support to Families**

Our plan for ensuring emotional and educational support



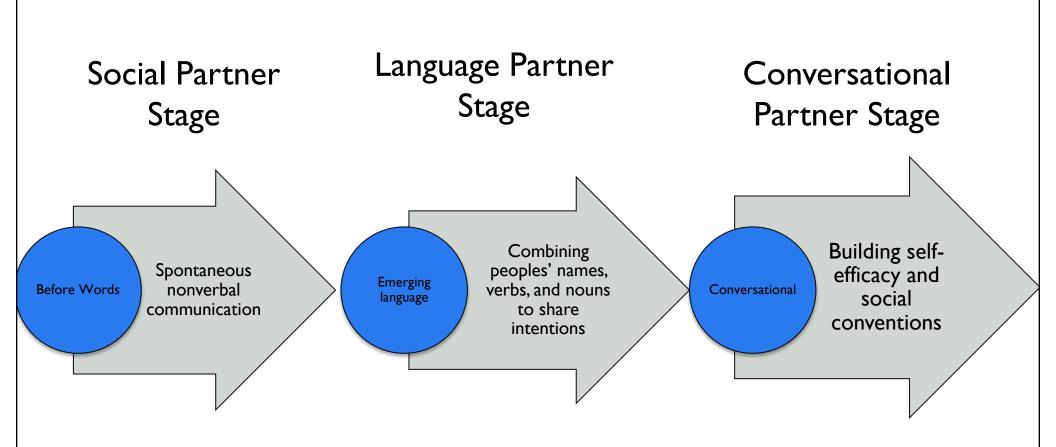
# Support to Service Providers

Providers
Our plan for collaborating





# Identifying priorities by developmental stage





## The Social Partner Stage



As a high rate of spontaneous, nonverbal communication is predictive of language acquisition, increasing opportunities for initiation is a key priority.

Active engagement is also supported by encouraging the use of sensory-motor, behaviors to self-soothe and to cope with the help of others.



### The Language Partner Stage



As the use of language to engage socially is predictive of creative language, increasing opportunities for the use of people's names and verbs is a priority.

Active engagement is also supported by encouraging the use of language / pictures to self-soothe (e.g., time tables) and to cope with the help of others (e.g., emotion key rings).



### The Conversational Partner Stage



As following the social "rules" of conversation and one's feelings of self-confidence are predictive of both emotional well being and social competence, these are priorities at this stage.

Active engagement is also supported by encouraging the use of active and independent problemsolving for emotional regulation.



### **Core Values And Guiding Principles**



# I

Development of spontaneous, functional communication abilities and emotional regulatory capacities is the highest priority.



## **Core Values And Guiding Principles**



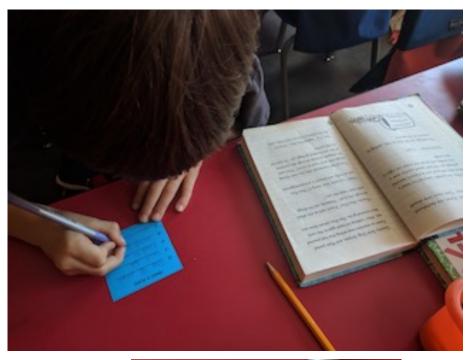
#2

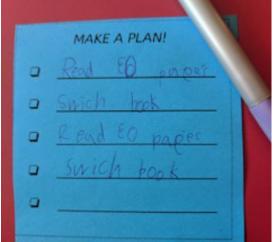
Child developmental research frames assessment and educational efforts.

Goals and activities are developmentally appropriate and functional.



## **Core Values And Guiding Principles**





#3

All domains of a child's development (e.g., communicative, socioemotional, cognitive, and motor) are viewed as interrelated.



## **Core Values And Guiding Principles**



#4

All behavior is viewed as purposeful serving a variety of functions, either communicative or regulatory.



## **Core Values And Guiding Principles**



### **#5**

A child's unique learning profile of strengths and needs determines appropriate interpersonal and learning support.



## **Core Values And Guiding Principles**





Natural routines across home, school, and community environments provide the contexts for learning and for developing positive relationships.



### **Core Values And Guiding Principles**

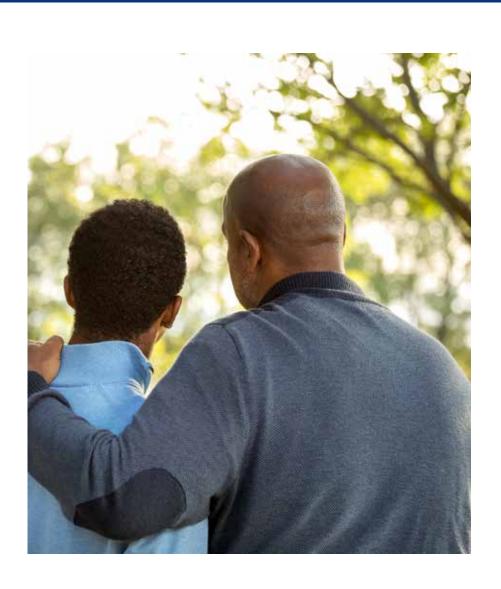


**#7** 

It is the primary responsibility of professionals to establish positive relationships with children and family members.



## **Core Values And Guiding Principles**



#8

Family members are considered experts about their child.

Assessment and educational efforts are viewed as collaborative processes with family members.



#### For further information...

 For further information about the SCERTS manuals, see <u>www.brookespublishing.com/store/books/prizant-8183</u>

 For a listing of research supporting the SCERTS model, see the Research Corner on www.SCERTS.com

 For further information, including published articles on SCERTS and a detailed list of FAQ's, see
 Frequently Asked Questions on www.SCERTS.com