The SCERTS Model – An Introduction:

Using the SCERTS framework guide priorities for learners with autism and social emotional learning differences

Presented by Emily Rubin & Amy Laurent







Learning Objectives

You will be able to...

- <u>Identify evidence-based objectives</u> in social communication and emotional regulation for individuals with autism at different stages of communication: not yet using words, beginning to use language, and conversational
- <u>Identify evidence-based practices</u> that are aligned with these objectives for individuals with autism

Today's Agenda

9:00am - 10:30am - Session #1 10:30am - 11:00am - Break 11:00am - 12:30pm - Session #2 12:30pm - 1:30pm - Lunch 1:30pm - 3:00pm - Session #3

Selecting Evidence-Based Practices... Where Do We Start?



Determining Priorities Requires an Understanding of the Individual's Needs...

These evidence-based strategies target a wide range of behaviors, some of which may or may not be relevant or of utmost priority, given the:

- ✓ Preferences of those being supported,
- ✓ Neurodevelopmental needs of an individual,
- ✓ Skills that improve functioning and quality of life, and
- ✓ Requirements and feasibility within a given setting.

Evidence-Based Framework for Selecting Objectives and Supports

- SCERTS provides guidelines for helping an individual become a competent social communicator that is actively engaged in their learning environment
- Designed to help individuals with autism, families, educators, and clinicians collaborate in a carefully coordinated manner to select objectives that are research-based and are designed to match the preferences of an individual, developmental needs, and the functional needs for a given setting.

Efficacy of SCERTS as a Developmental Framework

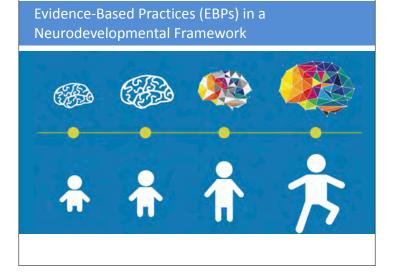
- <u>Early Social Interaction (ESI)</u>, a randomized trial in the home setting, provides evidence of how addressing key objectives and supports can have a statistically significant impact on positive outcomes for language and social adaptive functioning with parent coaching and implementation in home settings (Wetherby et al., 2014)
- <u>Classroom SCERTS Intervention (CSI)</u>, a randomized trial in school-age settings (Morgan et al., 2018) highlights how these key objectives and supports improve outcomes and increase active engagement in the elementary school classroom

Feasibility of SCERTS as a Framework

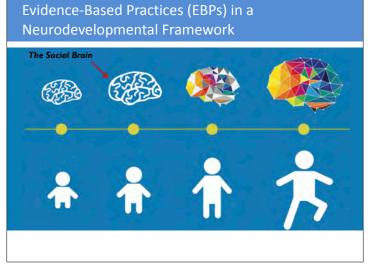
• The Morgan et al. (2018) study was chosen by the Interagency Autism Coordinating Committee (IACC) for the 2018 Summary of Advances in Autism Spectrum Disorder Research Report as a key study for addressing the question, "Which treatments and interventions will help?"

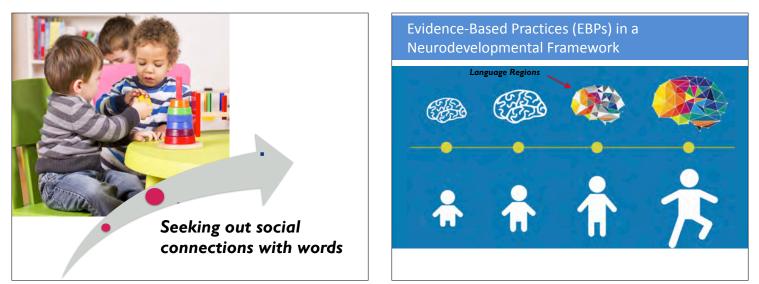
Feasibility of SCERTS as a Framework

- IACC highlighted that 70% of teachers trained in CSI implemented with fidelity,
 - Speaks to the scalability of the model and teacher commitment to the model
- IACC acknowledged that this is one of the largest studies to measure the effect of school-based active engagement intervention in children with ASD and that the results appear generalizable to a diverse population (IACC, 2019)

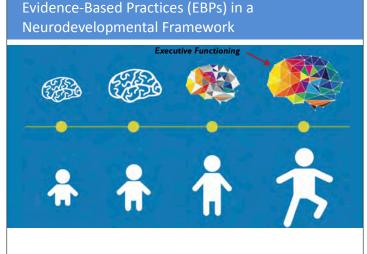




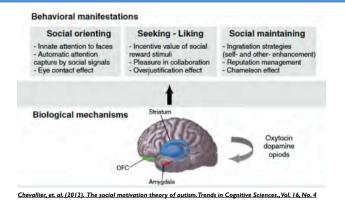








Evidence-Based Practices (EBPs) in a Neurodevelopmental Framework



Evidence-Based Practices (EBPs) in a Neurodevelopmental Framework

Children with autism tend to show less neural sensitivity to social stimuli in their early childhood (Elsabbagh, et al., 2012).

Neurodevelopmental differences contribute to preferential attention for nonsocial stimuli, such as objects and toys, along with less orientation to social engagement (Klin, Lin, Gorrindo, Ramsay & Jones, 2009).

Acquisition of skills related to non-social stimuli may advance more rapidly than orienting to people, initiating with people, using language to engage with people, and predicting what others are thinking.

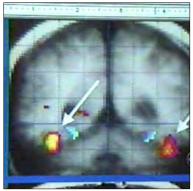
Evidence-Based Practices (EBPs) in a Neurodevelopmental Framework

- Children with these differences also process speech sounds differently. While many children hear speech and show preferential attention, children with social and emotional learning differences often just hear sounds.
- This makes the intentions of individual words more ambiguous.

Evidence-Based Practices (EBPs) in a Neurodevelopmental Framework

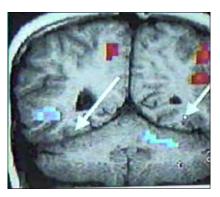
- As children with differences in these areas mature and "brain architecture is formed," neuroimaging has shown that children with with specific social and emotional learning differences (such as autism) tend to process social stimuli in regions typically used to process images and sounds that are non-social.
- This makes predictions of actions, intentions, and emotions more inefficient and intellectualized.

The neurology of social engagement A child with a learning preference for social stimuli



Shultz, et. al. (2000, April). Archives in General Psychiatry, Vol. 57, 331 - 340.

The neurology of social engagement A child with a social and emotional learning difference



Shultz, et. al. (2000, April). Archives in General Psychiatry, Vol. 57, 331 - 340.

The neurology of social engagement A child with a social and emotional learning difference



Two key take aways

- 1) Social stimuli needs to be <u>desirable</u>
- 2) Social stimuli needs to be predictable

What is SCERTS?

Social Communication Emotional Regulation Transactional Support



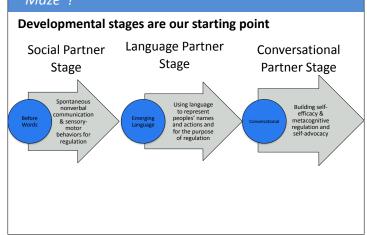
Developed by a Collaborative Team

Active collaborators include:

- Barry Prizant, PhD, CCC-SLP
- Amy Wetherby, PhD, CCC-SLP
- Emily Rubin, MS, CCC-SLP
- Amy Laurent, PhD, OTR/L



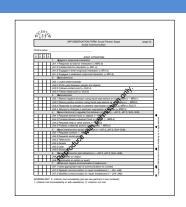
How does the SCERTS Framework help navigate the "Maze"?



What is SCERTS?

Social Communication Emotional Regulation Transactional

Support



What is SCERTS?

- SC Social Communication; Supporting a learner's ability to communicate, comprehend, and collaborate with others,
- ER Emotional Regulation; Supporting a learner's ability to cope, make transitions, and actively engage with others.
- TS Transactional Support; <u>interpersonal supports</u> and <u>learning supports</u> embedded in the natural environment to foster SC and ER

Why "SC" (Social Communication)?



The "SC" domain provides a sequence of goals focused on becoming an increasingly competent, confident, and active participant in social activities

"SC" Domain Includes:

Joint Attention Why an individual communicates



Symbol Use How an individual communicates

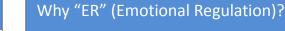


"SC" Domain Includes:

Joint Attention Why an individual communicates



Symbol Use How an individual communicates





The "ER" domain provides a sequence of goals focused on the ability to maintain a wellregulated emotional state, cope with everyday stress, and be most available for learning and interacting

The "ER" Domain Includes:

Mutual Regulation How we maintain active engagement and cope with the help of others



Self Regulation How we maintain active engagement and cope on our own



The "ER" Domain Includes:

Mutual Regulation How we maintain active engagement and cope with the help of others

Self Regulation
How we maintain active
engagement and cope
on our own

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On our own

Why "TS" (Transactional Support)?

- The "TS" domain provides a detailed assessment of communication style adjustments and environmental modifications designed to meet an individual's needs
- This domain is not exclusive of other evidencebased practices or approaches

The "TS" Domain Includes:

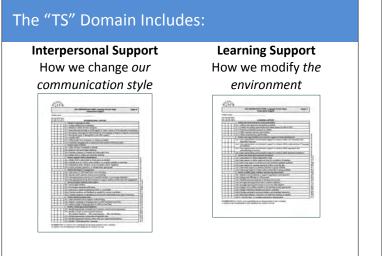
Interpersonal Support How we change our communication style



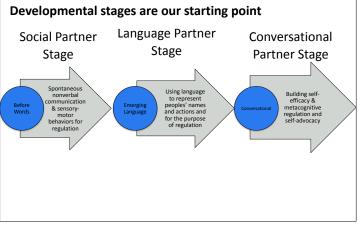
Learning Support How we modify the environment



The Picture Communication Symbols ©1981-2009 by Mayer-Johnson LLC. All Rights Reserved Worldwide. Used with permission.



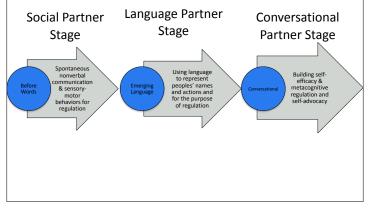
How Does the SCERTS Framework Help Navigate the "Maze"?



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	SCERTS	
	Determining Communication Stage - Worksheet	
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What stages do you support? Polling Time

Developmental stages are our starting point





Unique Needs – Before Words The Social Partner Stage - Social Communication

 Children at this stage use
 only pre-symbolic means of communication to connect to others (e.g., reenactment gestures, facial expressions, body position,
 vocalizations, proximity, etc.)

- Joint attention rates of shared attention may be reduced, as social stimuli may not yet be intrinsically motivating
- Symbol use the use of conventional gestures and gaze learned by observing others may be delayed

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Unique Needs – Before Words The Social Partner Stage - Emotional Regulation

Children at the social partner stage rely solely on sensory motor actions / behavioral strategies for regulation

- Mutual Regulation asking for and responding to regulatory assistance may be less frequent due to SC differences
- Self Regulation Strategies tend to be limited to those that are typically early developing and / or those based on sensory processing preferences

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Unique Priorities – Before Words The Social Partner Stage - Social Communication

- Joint attention ensuring the social world is captivating by increasing rates of spontaneous nonverbal communication
- Symbol use ensuring that gestures with a "shared meaning" are acquired (e.g., giving, pointing, reaching), forming the foundation of conventional language

Unique Priorities – Before Words The Social Partner Stage - Emotional Regulation

- Mutual Regulation- ensuring children see others as sources of assistance. Partners must be predictable and responsive to the child in order to support child.
- Self Regulation- ensuring students have a range of sensory motor strategies that they can use to maintain engagement and cope with challenges.

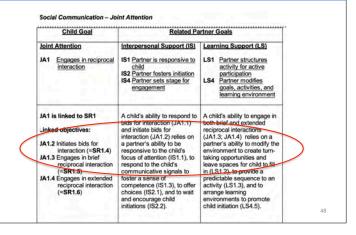
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Frequently Used Objectives & EBPs – Before Words

Sample Criterion (Volume 1, Chapter 8) The Social Partner Stage

	SOCIAL COMMUNICATION
Joint	Attention
1	Engages in reciprocal interaction
Criteri respo displa the for	Responds to bids for interaction (=MR2.3) on: The child responds to a familiar person's bid for interaction. The bid and/or ns may be norventiar or vehal. The child's response must be immediate (i.e., yed within 5 seconds following the other person's bid) and contingent (i.e., maintains us of attention or topic). The child's response does not need to demonstrate elements of a vehal bid.
Criteri vocal towan gestu	Initiates bids for interaction (=SR1.4) on. The child initiates a bid for interaction with another person through nonverbal or means. The behavior must be directed to another person by proximity (moving for away from another person), physical contact (touching another person with a e or action), or gaze. The behavior must be initiated by the child, meaning that it is exponse to another person's behavior.
Criteri least 3	Engages in brief reciprocal interaction (=SR1.5) on. The child initiates and responds to bids for interaction with a familiar person for at 2 consecutive exchanges. An exchange consists of a turn from the child and a turn he partner. At least one of the exchanges must be initiated by the child.
Criter least	Engages in extended reciprocal interaction (*SR1.6) on: The child initiales and responds to bids for interaction with another person for at a consecutive exchanges by the child and partner. An exchange consists of a turn he child and a turn from the partner. At least one of the exchanges must be initiated

Linking Transactional Supports (Volume 2, Chapter 4) The Social Partner Stage

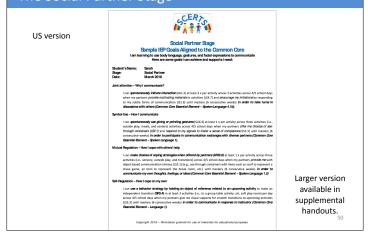


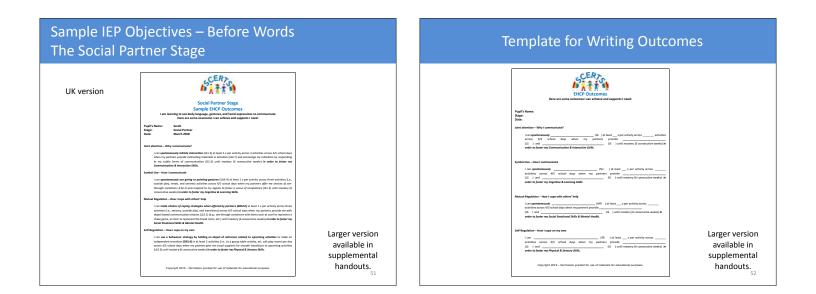
Sample IEP or Intervention Outcome The Social Partner Stage - Social Communication

I can *spontaneously initiate interaction (JA1.2)* at least 3x per activity across 3 activities across 4/5 days when my partners...

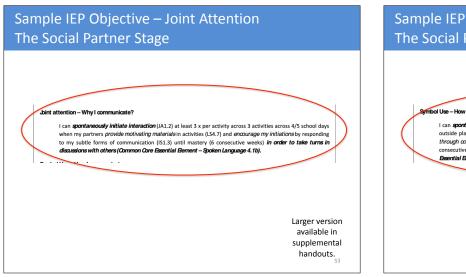
provide motivating materials in activities (LS4.7) and encourage my initiations by *responding to my subtle forms of communication (IS1.3)* until mastery (6 consecutive weeks).

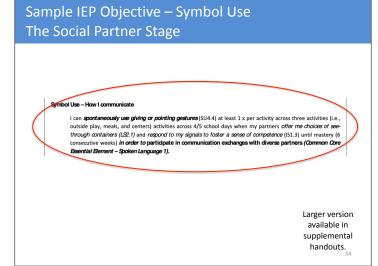
Sample IEP Objectives – Before Words The Social Partner Stage





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Sample Supports – The Social Partner Stage



Sample IEP or Intervention Outcome The Social Partner Stage - Emotional Regulation

I can use a behavior strategy (e.g., holding an object of reference) to self-regulate during a transition (SR3.4) at least 1x per activity across 3 activities across 4/5 days when my partners...

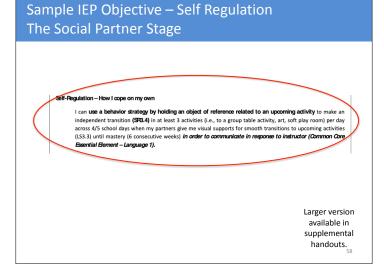
provide visuals for smooth transitions (LS3.3) and *recognize sign of dysregulation (IS1.5)* until mastery (6 consecutive weeks).

Sample IEP Objective – Mutual Regulation The Social Partner Stage

utual Regulation - How I cope with others' help

I can make choices of coping strategies when offered by partners (MR2.6) at least 1 x per activity across three activities (i.e., sensory, outside play, and transitions) across 4/5 school days when my partners provide me with object-based communication choices (IS2.1) (e.g., see through containers with items such as scaft to represent a chase game, an item to represent the break room, etc.) until mastery (6 consecutive weeks) in order to communicate my own thoughts feelings, or ideas (Common Core Essential Bernent – Spoken Language 1.0)

> Larger version available in supplemental handouts.



Sample Supports – The Social Partner Stage

Summary – The Social Partner Stage

- For children who are not yet using words such as speech, pictures, or signs, the critical priority is to ensure that people "rock"
- We accomplish this by building relationships, enticing, and responding to a child's signals
- Being responsive to a child's signals will support their understanding of themselves as a competent communicator and that others are a source of engagement, assistance, and comfort

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Evidence-Based Practices for Language Partners



Unique Needs – Emerging Language The Language Partner Stage - Social Communication

- Children at this stage often use simple, symbolic means with communicative intent (e.g., single spoken words, sign language, pictures, or other forms of augmentation)
- Children at this stage may rely on echolalia to communicate
- Joint attention shared attention is impacted by preference for nonsocial stimuli vs. people's faces, often restricting functions of communication to requesting vs. sharing information and emotions
- Symbol use vocabulary is often biased toward nouns, reducing the typical variation of agents + actions needed for creative language development

Unique Needs – Emerging Language The Language Partner Stage - Emotional Regulation

Children at the Language Partner stage may rely solely on sensory motor actions / behavioral strategies for regulation. If they use language strategies they are often to protest and request.

- Mutual Regulation- Children may use unique actions and words to express their emotional state and energy levels rather than use emotion vocabulary
- Self Regulation- Children may primarily use regulation strategies that they have discovered on their own

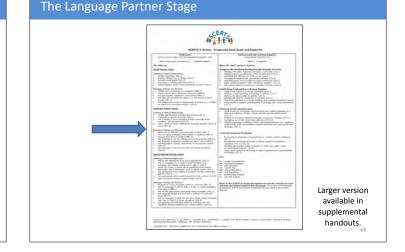
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Unique Priorities – Emerging Language The Language Partner Stage - Social Communication

- Joint attention ensuring the social world remains captivating by increasing rates of spontaneous symbolic communication involving social actions (e.g., "Emily blow bubbles")
- Symbol use ensuring that language targets include people's names and verbs, as these word types support the ability to request social actions, request comfort, and comment on the social world

Unique Priorities – Emerging Language The Language Partner Stage - Emotional Regulation

- Mutual Regulation- ensuring that children can make choices of regulation supports when offered to them
- Self Regulation- ensuring children are able to use symbolic systems to express their emotion/energy, make choices, and ask for help.



Frequently Used Objectives & EBPs – Emerging Language

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Larger version

available in

supplemental handouts.

Sample Criterion (Volume 1, Chapter 8) The Language Partner Stage

SU5.6 Uses a variety of relational meanings in word combinations (agents + actions + objects) Criterion: The child spontaneously uses at least 20 different word combinations within at least 5 different utterances Linking Transactional Supports (Volume 2, Chapter 4) The Language Partner Stage

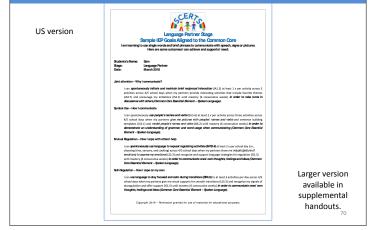
Child Goal	Related Pa	rtner Goals
Symbol Use SU5 Uses words and word combinations to express meanings	Interpersonal Support (IS) IS1 Partner is responsive to child IS6 Partner adjusts language input IS7 Partner models appropriate behaviors	Learning Support (LS) LS2 Partner uses augmentative system to foster development LS4 Partner modifies goals, activities, and learning environment
SUS is not directly linked to JA: SR, or MR Achievements in SUS are, however, related to overall achievement in JA4 – JA6;	A child's ability to use at least 5 to 10 words or echolaic phrases as symbolic (SUS.2), use early relational words (SUS.3), and use a variety of advanced relational words advanced relational words advanced relational words advanced relational words advanced relational words to competence (IST.3), adjust the complexity of language input to the child's developmental level (ISS.2), perspective language (IST.5).	A child's ability to use a variety of names for objects, body parts, and agents (SUS-4) and use a variety of relational meanings in word combinations (SUS-6) also relies on a partner's ability to strokeroge the use of an and the stroke of the stroke of the strokeroge the use of strokeroge the use of communication and expressive language (LS2-1), arrange the learning environment to promote child initiation (LS4-5), and "up the ant's to increase proceidocume perportation" (LS4-10).

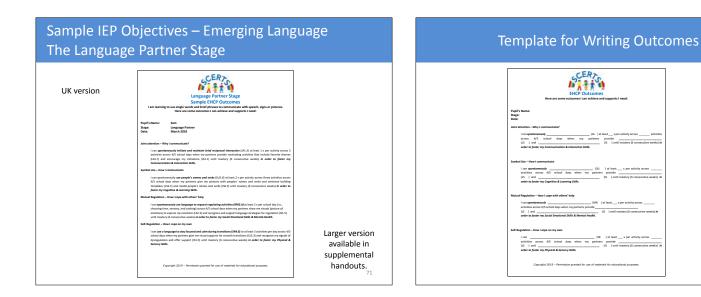
Sample IEP or Intervention Outcome The Language Partner Stage - Social Communication

I can spontaneously *use people's names and verbs* (SU5.6) at least 2x per activity across 3 activities (e.g., creating a journal about experiences, shopping, cooking) across 4/5 days when my partners...

give me pictures with peoples' names and verbs and sentence-building templates (LS2.1) and model people's names and verbs (IS6.2) until mastery (6 consecutive weeks).

Sample IEP Objectives – Emerging Language The Language Partner Stage

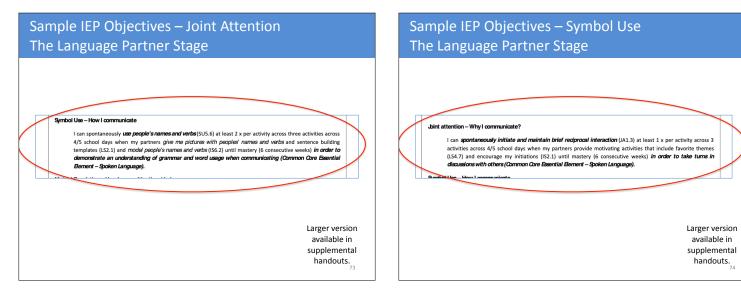




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Sample IEP or Intervention Outcome The Language Partner Stage - Emotional Regulation

I can spontaneously *language to request a regulating activity* (MR2.6) when needed across 3 activities (e.g., class, recess, lunch) across 4/5 days when my partners...

provide me with visual support for emotional regulation (LS2.4) and recognizes signs of dysregulation and offers support (IS1.5) until mastery (6 consecutive weeks).



Sample Support – The Language Partner Stage



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Sample IEP Objectives – Self Regulation The Language Partner Stage Salf-Regulation – How I cope on my own Iron use language to stay focused and calm during transitions (\$94.6) to at least 3 activities per day across 4/5 school days when my partners give me visual supports for smooth transitions (\$53.3) and recognize my signals of dyargetuation and offer support (\$1.5) until master (& Consecutive weeks) in more to communicate oned own throughts feelings and ideas (Common Core Essential Element – Spoken Language). Larger version available in supplemental handous.

Summary – The Language Partner Stage

- For children who are beginning to use words, the critical priority is to ensure that people remain the focus of their use of language
- We accomplish this by continuing to build relationships and encouraging the use of people's names and verbs
- The ability to use people's names and verbs is a key foundational skill for shifting toward conversational language



Unique Needs – Conversational The Conversational Partner Stage - Social Communication

Children at this stage often use robust vocabularies and are able to convey their own ideas using full and creative sentences either through spoken language or augmentative means

- Joint attention social motivation may have developed, but individuals may have difficulty predicting intentions and perspectives, leading to withdrawal and anxiety
- Symbol use deriving social expectations or conventions such as vocal volume, body proximity, and other conversational rules is a primary challenge that affects selfefficacy

Unique Needs – Conversational The Conversational Partner Stage - Emotional Regulation

Children at this stage often continue to rely on earlier developing regulation strategies (e.g., sensory motor strategies and language aimed at maintaining predictability in the environment)

- Mutual Regulation- if individuals at this stage experience social anxiety and have not been supported in ways that validate their regulation challenges, they will often not seek support from others.
- Self Regulation- Individuals may primarily use regulation strategies that they have discovered on their own and struggle to use planning and reflection

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Unique Priorities – Conversational The Conversational Partner Stage - Social Communication

- Joint attention ensuring the social world remains captivating by building a sense of self-efficacy within natural settings and with peers
- Symbol use addressing social conventions such as topic maintenance skills, conversational timing, vocal volume rules, and body proximity to ensure effective communication exchanges

Unique Priorities – Conversational The Conversational Partner Stage - Emotional Regulation

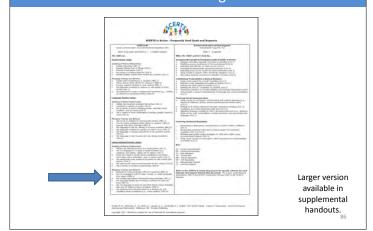
- Mutual Regulation- ensuring the individual sees others as validating of their experiences and providing authentic supports which will in turn facilitate the development of trust and seeking others out.
- Self Regulation- ensuring the individual has a wide range of accessible regulation strategies (e.g., sensory motor, language, and metacognitive) for use in different activities and environments

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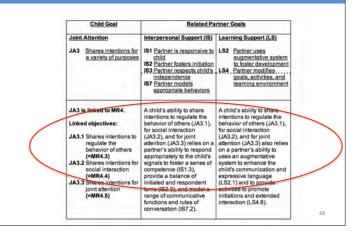
Frequently Used Objectives & EBPs – Conversational The Conversational Partner Stage



Sample Criterion (Volume 1, Chapter 8) The Conversational Partner Stage

UA22 Shares intentions for social interaction Criterion: The child directs words (e.g., speech, signs, pictures) for all of the following reasons: a) greets to indicate notice of a person entering or leaving the immediate situation, or to mark the initiation or termination of an interaction (e.g., waves and says "h" or "bye" plus person's name; b) calls to gain the attention of another person; c) equests comfort to seek comfort from distress, fituration, or fear. d) regulates interaction to keep turn-taking going; e) requests permission to seek another's consent to carry out an action f) praises partner to indicate regard for the partner's success or accomplishment; g) expresses empathy about a positive or negative experience of the partner; and h) shares secrets to confide in another person

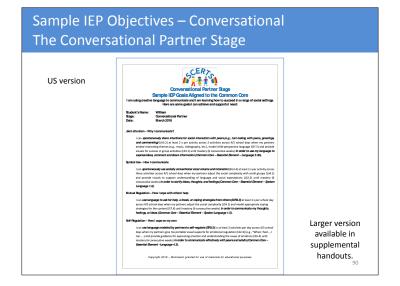
Linking Transactional Supports (Volume 2, Chapter 4) The Conversational Partner Stage

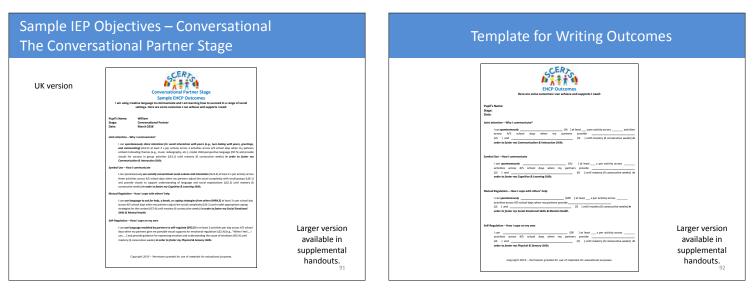


Sample IEP or Intervention Outcome The Conversational Partner Stage - Social Communication

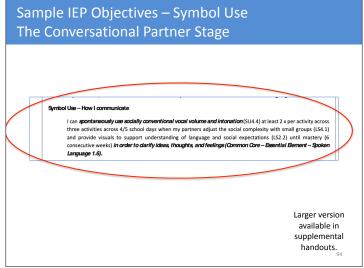
I can spontaneously use socially conventional vocal volume (SU4.4) at least 1x per activity across 3 activities across 4/5 days when my partners...

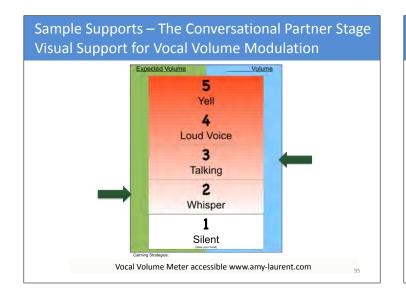
adjust the social complexity with small groups (LS4.1) and provide visual support for success in group activities (LS3.1) until mastery (6 consecutive weeks).













Sample IEP or Intervention Outcome The Conversational Partner Stage - Emotional Regulation

I can *use language modeled by partners to self-regulate* (SU4.4) at least 1x per activity across 3 activities across 4/5 days when my partners...

provide visuals for emotional regulation (LS2.4) and *provide guidance for expressing and understanding the cause of emotions (IS5.4)* until mastery (6 consecutive weeks).

Sample IEP Objectives – Mutual Regulation The Conversational Partner Stage

Mutual Regulation – How I cope with others' help Loan use language to ask for help, a break, or coping strategies from others (MR4.3) at least 3 x per school day across 4/5 school days when my partners adjust the social complexity (L54.1) and model appropriate coping strategies for the contex (L54.4) unit master (6 consecutive weeks) in order to communicate my thoughts, feelings, or ideas (Common Core – Esential Bernent – Spoken Language 1.5). Larger version available in

available in supplemental handouts.

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Summary – The Conversational Partner Stage

- For children who are at conversational language stages, the critical priority is to ensure that their interest and motivation to connect is not met with repeated failures
- We accomplish this by continuing to build relationships and encouraging frequent and positive interactions with peers
- The ability to effectively connect with both adults and peers is a critical predictor of long-term social emotional competence

Key messages

Understanding autism from the inside out helps us identify critical priorities for outcomes based upon key developmental levels.

- <u>The Social Partner Stage</u> At the before words stage, a child's spontaneous use of gestures and facial expressions to communicate is of the highest priority.
- Language Partner Stage At emerging language stages, a range of words including people's names and verbs is of the highest priority.
- 3. <u>Conversational Partner Stage</u> At conversational stages, the ability use social conventions and build a sense of efficacy is of the highest priority.

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SCERTS in Action - Frequently Used Outcomes and Supports

Child Outcomes

Social Communication (SC) and Emotional Regulation (ER)

Select 4 key outcomes and match to 1 – 2 needed supports

The child can...

Social Partner stage

Speaking & Making Relationships

- o Initiate interaction (JA1.2)
- o Request desired food or things (JA4.1)
- o Request social games (JA5.2)
- o Use giving or pointing gestures (SU4.4)
- o Imitate familiar actions when elicited by a partner (SU1.2)

Managing Feelings and Behaviour

- o Soothe when comforted by a caregiver (MR2.1)
- o Makes choices when offered by caregivers (MR2.6)
- o Express negative emotion to seek comfort (MR3.1)
- Use behaviors modeled by partners to self-soothe or focus myself (SR2.3)
- o Use behaviors to make an independent transition (e.g., holding an object from upcoming activity) (SR3.4)

Language Partner stage:

Speaking & Making Relationships

- o Initiate and maintain extended interactions (JA1.3)
- o Comment on actions or events (JA6.2)
- Use a variety of words including actions, personal-social, modifiers, and wh-words (SU5.5)
- Use a variety of word combinations including people's names & verbs (SU5.6)

Managing Feelings and Behaviour

- o Use words or symbols to communicate emotion (MR1.2)
- o Choose coping strategies when offered by partners (MR2.6)
- o Request help when frustrated (MR3.3)
- o Use language to ask for calming or focusing activities (MR3.6)
- o Use language modeled by partners to calm or focus (SR3.3)
- o Use language to engage productively in an extended activity (SR3.4)
- Use language to stay focused and calm during transitions (SR4.6)

Conversational Partner stage:

Speaking & Making Relationships

- o Monitor the attentional focus of a social partner (JA1.1)
- Use my language for a range of social functions (e.g., greetings, turn taking, calling out for others) (JA3.2)
- Listen and speak to people about something by providing information about immediate, past, or future events (JA3.3)
- Use appropriate body posture & proximity for the context and partner (SU4.3)
- Use appropriate volume and intonation for the context (SU4.4)
 Use a variety of sentence constructions (SU5.4)

Managing Feelings and Behaviour

- o Respond to coping strategies offered by partners (MR2.6)
- o Use my language to ask for help, a break, or coping strategies from others (MR4.3)
- o Use socially appropriate behavioral coping strategies (SR2.2)
- o Use language taught and modeled by partners to calm and focus (SR3.5)
- Use my language to work out and think about coping strategies that may be helpful in future situations (SR4.5)
- Use planning and preparing ahead as a strategy for selfregulating during transitions (i.e., metacognition) (SR5.6)

Interpersonal and Learning Supports Transactional Supports (TS)

Select 1 -2 supports

When the child's partners help by....

Designing Meaningful & Developmentally Sensible Activities

- Infusing motivating materials and topics in activities (LS4.7)
- o Modifying sensory preferences of the environment (LS4.3)
- o Adjusting task difficulty for child success (LS4.2)
- o Providing developmentally appropriate activities (LS4.6)
- Adjusting group size to ensure successful interaction (LA4.1)
 Using visuals to support child's emotional regulation (LS2.4)
- Alternating between movement & sedentary activities (LS4.9)

Establishing Predictability in Natural Routines

- o Using visual support for smooth transitions (LS3.3)
- o Defining a clear beginning and ending to activity (LS1.1)
- o Defining the steps within an activity (LS3.1)
- o Defining the time for completion of activities (LS3.2)
- o Structuring activities to promote initiation and extended interaction (LS4.8)
 - Using visuals to support understanding of language and social expectations (LS2.2)

Fostering Social Communication

- Using visuals for expressive communication and creative language (e.g., objects of reference, photos, picture symbols and the written word) (LS2.1)
- o Waiting for & inviting interaction through responsive exchanges (IS2.2)
- o Facilitating successful interactions with peers (IS5.2)
- Adjusting language modeling to child's developmental level (e.g., gestures, single words, word combinations, complex sentences and appropriate body language) (IS6.2)

Fostering Emotional Regulation

- Responding to attempts to communications to build a child's confidence (IS1.3)
- Recognizing emotional needs and providing support for emotional regulation (IS1.5 or IS1.6)
- Modeling appropriate coping strategies for child when child is using unconventional behavior (IS7.4)
- \circ Using visual support to encourage a child's expression and understanding of emotion (LS2.3)

Key:

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- SC Social Communication
- ER Emotional Regulation
- JA Joint Attention
- SU Symbol Use
- MR Mutual Regulation
- SR Self-Regulation
- IS Interpersonal Support
- LS Learning Support

Refer to the SCERTS in Action Assessment for specific criterion for each outcome and support listed in this document. For a more comprehensive assessment, refer to the SCERTS Assessment Process (SAP) in the SCERTS Manuals.

Content adapted for internal use only from Prizant et al. (2006). <u>THE SCERTS Model: Volume I: Assessment & Volume II: Program</u> <u>planning and intervention</u>. Baltimore, MD. Brookes Publishing Co.



Determining Communication Stage - Worksheet

Please complete this form to determine which set of forms to use when implementing SCERTS. This will ensure that the most critical and developmentally relevant social and emotional priorities are addressed.

Social Partner Stage

I am using body language, gestures and facial expressions to communicate.

- 1. Does the child use ALL of the following?
 - a) Does the child use at least 3 different words or phrases (spoken, signed, pictures, written words, or other symbolic system) referentially (i.e., to refer to specific objects, people, or activities)?
 - b) Does the child use at least 3 words or phrases with communicative intent (i.e., by spontaneously coordinating these words or phrases with gestures or gaze for a communicative purpose)?

c)	Does the child use at least 3 words or phrases regularly (i.e., often and not just on a rare occasion)?	
No:	Use the Social Partner Stage materials.	
Yes:	Go to Language Partner stage questions below.	

Language Partner Stage

I am using single words and brief phrases to communicate with speech, signs or pictures.

2.	Do	es the child use ALL of the following?	1
	a)	Does the child use at least 100 different words or phrases (spoken, signed, pictures, written words, or other symbolic system) referentially (i.e., to refer to specific objects, people, or activities)?	
	b)	Does the child use at least 100 words or phrases with communicative intent (i.e., by spontaneously coordinating the words or phrases with gestures or gaze for a communicative purpose)?	
	c)	Does the child use at least 100 words or phrases regularly (i.e., often and not just on a rare occasion)?	
	d)	Does the child use at least 20 different combinations of words or sentences with a person's name and verbs that are creative (i.e., not just exact imitations of phrases?)	
No	:	Use Language Partner Stage materials.	
Ye	s:	Use the Conversational Partner Stage materials.	

Conversational Partner Stage

I am using creative language to communicate and I am learning how to succeed in a range of social settings.

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Social Partner Stage – Outcomes & Supports

I am learning to use body language, gestures, and facial expressions to communicate

Here are some outcomes I can achieve and supports I need:

Social Communication Outcomes

JA – Joint Attention – Why I am communicating

SU – Symbol Use – How I am communicating

looking at things or making sounds

l can **request food, things or social** games e.g. peepo, chase, tickle, rough and tumble (JA) by reaching, when my partners entice me with

Definition of partner: mum, dad, teacher & peer

building, cooking, messy play, music

and art and encourage my initiations by giving me a lot of chances to

communicate (IS).

on activities (LS) like cause-effect,

developmentally appropriate hands-



I can *express emotion to seek comfort or engagement* (MR) and *choose coping strategies* (e.g., *squeezing hands or jumping*) (MR) when my partners *recognize my signals* and offer support (IS) and *teach by doing and/or say how to respond when I show stressed behaviour* (IS)

Emotional Regulation Outcomes

MR – Mutual Regulation – How I cope with others' help

SR - Self Regulation - How I am coping on my own

Transactional Support – What my partners do to help

IS – Interpersonal Support – How my partners change their communication for me LS – Learning Support – How my environment can be changed to help me

Refer to Frequently Used Outcomes & Supports

I can use giving or pointing gestures (SU) when my partners offer me choices of desired objects in see-through containers (LS) and respond to my nonverbal signals to foster my sense of competence (IS). When I am first starting out, my partners might respond to my preference by following just my gaze and then when I touch, point or give the item to them. I can use behaviour (e.g., holding an object from upcoming activity) to make a transition between activities on my own (SR) and behaviour to keep myself calm and focus myself (SR) when my partners give me concrete objects to hold related to upcoming activities (LS) and provide access to materials that help calm and focused (LS).



Social Partner Stage

Sample IEP Goals Aligned to the Common Core

I am learning to use body language, gestures, and facial expressions to communicate Here are some goals I can achieve and supports I need:

Student's Name:	Sarah
Stage:	Social Partner
Date:	March 2018

Joint attention – Why I communicate?

I can *spontaneously initiate interaction* (JA1.2) at least 3 x per activity across 3 activities across 4/5 school days when my partners *provide motivating materials* in activities (LS4.7) and *encourage my initiations* by responding to my subtle forms of communication (IS1.3) until mastery (6 consecutive weeks) *in order to take turns in discussions with others (Common Core Essential Element – Spoken Language 4.1b).*

Symbol Use – How I communicate

I can *spontaneously use giving or pointing gestures* (SU4.4) at least 1 x per activity across three activities (i.e., outside play, meals, and centers) activities across 4/5 school days when my partners *offer me choices of seethrough containers (LS2.1)* and *respond to my signals to foster a sense of competence* (IS1.3) until mastery (6 consecutive weeks) *in order to* participate in communication exchanges with diverse partners (*Common Core Essential Element – Spoken Language 1*).

Mutual Regulation – How I cope with others' help

I can *make choices of coping strategies when offered by partners (MR2.6)* at least 1 x per activity across three activities (i.e., sensory, outside play, and transitions) across 4/5 school days when my partners *provide me* with object-based communication choices (LS2.1) (e.g., see through containers with items such as scarf to represent a chase game, an item to represent the break room, etc.) until mastery (6 consecutive weeks) *in order to communicate my own thoughts, feelings, or ideas (Common Core Essential Element – Spoken Language 1.5)*

Self-Regulation – How I cope on my own

I can use a behavior strategy by holding an object of reference related to an upcoming activity to make an independent transition (SR3.4) in at least 3 activities (i.e., to a group table activity, art, soft play room) per day across 4/5 school days when my partners give me visual supports for smooth transitions to upcoming activities (LS3.3) until mastery (6 consecutive weeks) *in order to communicate in response to instructor (Common Core Essential Element – Language 1).*



Social Partner Stage Sample EHCP Outcomes

I am learning to use body language, gestures, and facial expressions to communicate Here are some ooutcome I can achieve and supports I need:

Pupil's Name:	Sarah
Stage:	Social Partner
Date:	March 2018

Joint attention – Why I communicate?

I can *spontaneously initiate interaction* (JA1.2) at least 3 x per activity across 3 activities across 4/5 school days when my partners *provide motivating materials* in activities (LS4.7) and *encourage my initiations* by responding to my subtle forms of communication (IS1.3) until mastery (6 consecutive weeks) *in order to foster my Communication & Interaction Skills.*

Symbol Use – How I communicate

I can *spontaneously use giving or pointing gestures* (SU4.4) at least 1 x per activity across three activities (i.e., outside play, meals, and centres) activities across 4/5 school days when my partners *offer me choices of seethrough containers (LS2.1)* and *respond to my signals to foster a sense of competence* (IS1.3) until mastery (6 consecutive weeks) *in order to foster my Cognitive & Learning Skills.*

Mutual Regulation – How I cope with others' help

I can *make choices of coping strategies when offered by partners (MR2.6)* at least 1 x per activity across three activities (i.e., sensory, outside play, and transitions) across 4/5 school days when my partners *provide me* with object-based communication choices (LS2.1) (e.g., see through containers with items such as scarf to represent a chase game, an item to represent the break room, etc.) until mastery (6 consecutive weeks) *in order to foster my Social Emotional Skills & Mental Health.*

Self-Regulation – How I cope on my own

I can use a behaviour strategy by holding an object of reference related to upcoming activities to make an independent transition (SR3.4) in at least 3 activities (i.e., to a group table activity, art, soft play room) per day across 4/5 school days when my partners give me visual supports for smooth transitions to upcoming activities (LS3.3) until mastery (6 consecutive weeks) *in order to foster my Physical & Sensory Skills.*



Language Partner Stage – Outcomes & Supports

I am learning to use single words and brief phrases to communicate with speech, signs or pictures. Here are some outcomes I can achieve and supports I need:

with can spontaneously start and keep developmentally appropriate hands-on initiations by giving me a lot of chances going (JA) when my cause-effect, building, sports, cooking, messy play, music and art and *encourage my* шe activities (LS) like provide to communicate (IS) interactions partners

my emotions (LS) and model language for calming and focusing activities (e.g., go communicate emotions and what to ask support (picture of emotions) to express (MR) when my partners give me visuals saying how I feel (IS). I use my emotion outside, I need a break, squeeze please) can use my language (speech, signs, (MR1.2) and use language to ask for pictures) to communicate emotion "key ring" to remember how to for.

Social Communication Outcomes

JA – Joint Attention – Why I am communicating

Definition of partner: mum, dad, teacher & peer

SU – Symbol Use – How I am communicating



Emotional Regulation Outcomes

MR – Mutual Regulation – How I cope with others' help

SR – Self Regulation – How I am coping on my own

Transactional Support – What my partners do to help

IS – Interpersonal Support – How my partners change their communication for me LS – Learning Support – How my environment can be changed to help me

Refer to Frequently Used Outcomes & Supports

names and verbs and sentence building templates (LS) and model people's can use word combinations with people's names and verbs (SU) when my oartners give me pictures with peoples' names and verbs (IS).

through the steps of a task (SR3.4) when pictures) to stay focused and remain calm when making an independent transition (SR) and language to talk my partners give me visual supports for smooth transitions to upcoming activities (LS) and visuals to define steps within can use my language (speech, signs, each task (LS) (e.g., visual schedules and 'to do" lists)

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Language Partner Stage

Sample IEP Goals Aligned to the Common Core

I am learning to use single words and brief phrases to communicate with speech, signs or pictures. Here are some outcomes I can achieve and supports I need:

Students's Name:	Sam
Stage:	Language Partner
Date:	March 2018

Joint attention – Why I communicate?

I can *spontaneously initiate and maintain brief reciprocal interaction* (JA1.3) at least 1 x per activity across 3 activities across 4/5 school days when my partners provide motivating activities that include favorite themes (LS4.7) and encourage my initiations (IS2.1) until mastery (6 consecutive weeks) *in order to take turns in discussions with others (Common Core Essential Element – Spoken Language).*

Symbol Use – How I communicate

I can spontaneously *use people's names and verbs* (SU5.6) at least 2 x per activity across three activities across 4/5 school days when my partners *give me pictures with peoples' names and verbs* and sentence building templates (LS2.1) and *model people's names and verbs* (IS6.2) until mastery (6 consecutive weeks) *in order to demonstrate an understanding of grammar and word usage when communicating (Common Core Essential Element – Spoken Language).*

Mutual Regulation – How I cope with others' help

I can *spontaneously use language to request regulating activities (MR3.6)* at least 2 x per school day (i.e., choosing time, sensory, and cooking) across 4/5 school days when my partners show me *visuals (picture of emotions) to express my emotions* (LS2.3) and recognize and support language strategies for regulation (IS1.5) until mastery (6 consecutive weeks) *in order to communicate ones' own thoughts, feelings and ideas (Common Core Essential Element – Spoken Language).*

Self-Regulation – How I cope on my own

I can **use language to stay focused and calm during transitions (SR4.6)** to at least 3 activities per day across 4/5 school days when my partners give me visual supports for smooth transitions (LS3.3) and recognize my signals of dysregulation and offer support (IS1.5) until mastery (6 consecutive weeks) *in order to communicate ones' own thoughts, feelings and ideas (Common Core Essential Element – Spoken Language).*



Sample EHCP Outcomes

I am learning to use single words and brief phrases to communicate with speech, signs or pictures. Here are some outcomes I can achieve and supports I need:

Pupil's Name:	Sam
Stage:	Language Partner
Date:	March 2018

Joint attention – Why I communicate?

I can *spontaneously initiate and maintain brief reciprocal interaction* (JA1.3) at least 1 x per activity across 3 activities across 4/5 school days when my partners provide motivating activities that include favorite themes (LS4.7) and encourage my initiations (IS2.1) until mastery (6 consecutive weeks) *in order to foster my Communication & Interaction Skills.*

Symbol Use – How I communicate

I can spontaneously *use people's names and verbs* (SU5.6) at least 2 x per activity across three activities across 4/5 school days when my partners *give me pictures with peoples' names and verbs* and sentence building templates (LS2.1) and *model people's names and verbs* (IS6.2) until mastery (6 consecutive weeks) *in order to foster my Cognitive & Learning Skills.*

Mutual Regulation – How I cope with others' help

I can *spontaneously use language to request regulating activities (MR3.6)* at least 2 x per school day (i.e., choosing time, sensory, and cooking) across 4/5 school days when my partners show me *visuals (picture of emotions) to express my emotions* (LS2.3) and recognize and support language strategies for regulation (IS1.5) until mastery (6 consecutive weeks) *in order to foster my Social Emotional Skills & Mental Health.*

Self-Regulation – How I cope on my own

I can **use a language to stay focused and calm during transitions (SR4.6)** to at least 3 activities per day across 4/5 school days when my partners give me visual supports for smooth transitions (LS3.3) and recognize my signals of dysregulation and offer support (IS1.5) until mastery (6 consecutive weeks) *in order to foster my Physical & Sensory Skills.*



Conversational Partner Stage – Outcomes & Supports

I am using creative language to communicate and I am learning how to succeed in a range of social settings. Here are some outcomes I can achieve and supports I need:

about out for others (JA) and I can isten and speak to people about something by providing immediate, past and future events (JA) when my partners can **use my language for** greetings, turn taking, calling provide motivating topics (LS) information

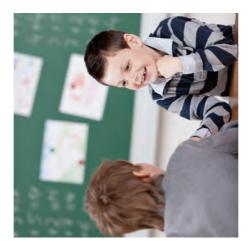
and visuals (LS) for success in group activities can use my language to ask for help negotiation, and coping when feeling breaks, and other coping strategies) from others (e.g., help with activity, visuals (LS) and model language to (MR) when my partners give me help me understand how I feel, stressed and overwhelmed (IS)

Social Communication Outcomes

JA – Joint Attention – Why I am communicating

SU – Symbol Use – How I am communicating

Definition of partner: mum, dad, teacher & peer



Emotional Regulation Outcomes

MR – Mutual Regulation – How I cope with others' help

SR – Self Regulation – How I am coping on my own

Transactional Support – What my partners do to help

IS – Interpersonal Support – How my partners change their communication for me LS – Learning Support – How my environment can be changed to help me

Refer to Frequently Used Outcomes & Supports

for can use a variety of sentences to engage social behaviour by having an awareness for and of personal space use appropriate vocal volume and intonation (SU) when my understanding what others might be with my partners and I can use typical orovide *quidance and visuals* understanding social norms (LS) visuals provide oartners thinking

can use my language to work out and think about coping strategies (SR) that partners give me visuals to define steps may be helpful in future situations (e.g., writing out the steps of a task, asking for help, collaborating with others) when my within each task (LS) and teach and show me appropriate coping strategies (IS) e.g. asking for a break, taking a deep breath, squeezing hands. Prepared by E. Rubin (2015); Adapted from SCERTS; Prizant et al. (2006)

Conversational Partner Stage

Sample IEP Goals Aligned to the Common Core

I am using creative language to communicate and I am learning how to succeed in a range of social settings. Here are some goals I can achieve and supports I need:

Student's Name:	William
Stage:	Conversational Partner
Date:	March 2018

Joint attention – Why I communicate?

I can *spontaneously share intentions for social interaction with peers (e.g., turn-taking with peers, greetings, and commenting)* (JA3.2) at least 2 x per activity across 3 activities across 4/5 school days when my partners embed motivating themes (e.g., music, videography, etc.), model child-perspective language (IS7.5) and provide visuals for success in group activities (LS3.1) until mastery (6 consecutive weeks) *in order to use my language to express ideas, comment and share information (Common Core – Essential Element – Language 3.3b).*

Symbol Use – How I communicate

I can *spontaneously use socially conventional vocal volume and intonation* (SU4.4) at least 2 x per activity across three activities across 4/5 school days when my partners adjust the social complexity with small groups (LS4.1) and provide visuals to support understanding of language and social expectations (LS2.2) until mastery (6 consecutive weeks) *in order to clarify ideas, thoughts, and feelings (Common Core – Essential Element – Spoken Language 1.6).*

Mutual Regulation – How I cope with others' help

I can *use language to ask for help, a break, or coping strategies from others (MR4.3)* at least 3 x per school day across 4/5 school days when my partners adjust the social complexity (LS4.1) and model appropriate coping strategies for the context (IS7.4) until mastery (6 consecutive weeks) *in order to* communicate my thoughts, feelings, or ideas (*Common Core – Essential Element – Spoken Language 1.5*).

Self-Regulation – How I cope on my own

I can **use language modeled by partners to self-regulate (SR3.5)** in at least 3 activities per day across 4/5 school days when my partners give me portable visual supports for emotional regulation (LS2.4) (e.g., "When I feel..., I can....) and provide guidance for expressing emotion and understanding the cause of emotions (IS5.4) until mastery (6 consecutive weeks) *in order to communicate effectively with peers and adults (Common Core – Essential Element –Language 4.3).*



Sample EHCP Outcomes

I am using creative language to communicate and I am learning how to succeed in a range of social settings. Here are some outcomes I can achieve and supports I need:

Pupil's Name:	William
Stage:	Conversational Partner
Date:	March 2018

Joint attention – Why I communicate?

I can *spontaneously share intentions for social interaction with peers (e.g., turn-taking with peers, greetings, and commenting)* (JA3.2) at least 2 x per activity across 3 activities across 4/5 school days when my partners embed motivating themes (e.g., music, videography, etc.), model child-perspective language (IS7.5) and provide visuals for success in group activities (LS3.1) until mastery (6 consecutive weeks) *in order to foster my Communication & Interaction Skills.*

Symbol Use – How I communicate

I can spontaneously *use socially conventional vocal volume and intonation* (SU4.4) at least 2 x per activity across three activities across 4/5 school days when my partners adjust the social complexity with small groups (LS4.1) and provide visuals to support understanding of language and social expectations (LS2.2) until mastery (6 consecutive weeks) *in order to foster my Cognitive & Learning Skills.*

Mutual Regulation – How I cope with others' help

I can *use language to ask for help, a break, or coping strategies from others (MR4.3)* at least 3 x per school day across 4/5 school days when my partners adjust the social complexity (LS4.1) and model appropriate coping strategies for the context (IS7.4) until mastery (6 consecutive weeks) *in order to foster my Social Emotional Skills & Mental Health.*

Self-Regulation – How I cope on my own

I can **use language modeled by partners to self-regulate (SR3.5)** in at least 3 activities per day across 4/5 school days when my partners give me portable visual supports for emotional regulation (LS2.4) (e.g., "When I feel..., I can....) and provide guidance for expressing emotion and understanding the cause of emotions (IS5.4) until mastery (6 consecutive weeks) *in order to foster my Physical & Sensory Skills.*



IEP Objectives Here are some outcomes I can achieve and supports I need:

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Student Stage:	t's Name:
Date:	
Joint att	tention – Why I communicate?
	I can <i>spontaneously</i> (JA) at least x per activity across activities
	across 4/5 school days when my partners provide
	(LS) and (IS) until mastery (6 consecutive weeks) in order to take turns in discussions with others (Common Core Essential Element – Spoken Language).
	Use – How I communicate
	I can <i>spontaneously</i> (SU) at least x per activity across
	activities across 4/5 school days when my partners provide
	(LS) and (IS) until mastery (6 consecutive weeks) in
	order to demonstrate an understanding of grammar and word usage when communicating (Common Core
	Essential Element – Spoken Language).
Mutual	Regulation – How I cope with others' help
	I can <i>spontaneously</i> (MR) at least x per activity across
i	activities across 4/5 school days when my partners provide
	(LS) and (IS) until mastery (6 consecutive weeks) <i>in</i>
	order to communicate ones' own thoughts, feelings and ideas (Common Core Essential Element – Spoken
	Language).
Self-Reg	gulation – How I cope on my own
-	
	I can (SR) at least x per activity across activities across 4/5 school days when my partners provide
	(LS) and (IS) until mastery (6 consecutive weeks) in
	order to communicate ones' own thoughts, feelings and ideas (Common Core Essential Element – Spoken
	Language).
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