

# EMERGENCY INSTRUCTIONS



**ACTIVITY: EMERGENCY INSTRUCTIONS**



**Lifeboats**



# QUESTION 1

You are walking along a canal towpath when your dog pulls free and jumps into the water. Do you...

- A. Hold onto an overhanging branch and lean into the water to get him
- B. Jump into the water, after all, it doesn't look very deep
- C. Find someone to call for help



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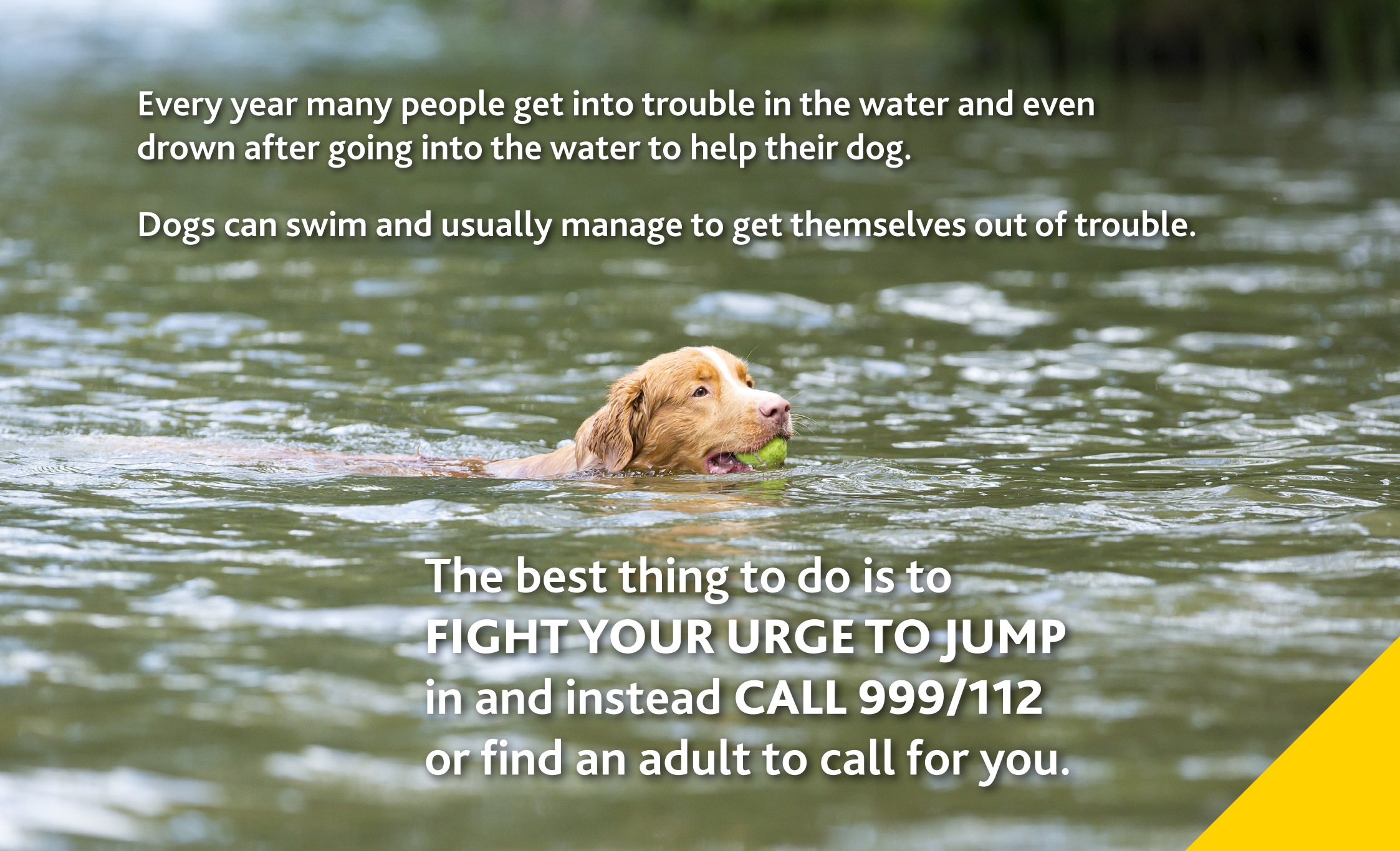


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Every year many people get into trouble in the water and even drown after going into the water to help their dog.

Dogs can swim and usually manage to get themselves out of trouble.



The best thing to do is to  
**FIGHT YOUR URGE TO JUMP**  
in and instead **CALL 999/112**  
or find an adult to call for you.

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# QUESTION 2

You and your friend are rock pooling at the beach, when you look up and discover that your friend has been cut off by the incoming tide and he can't get back to shore. Do you?

- A. Try to climb over to him and help him find his way back
- B. Shout at him and tell him to swim back
- C. Call 999/112 or find an adult to call for you

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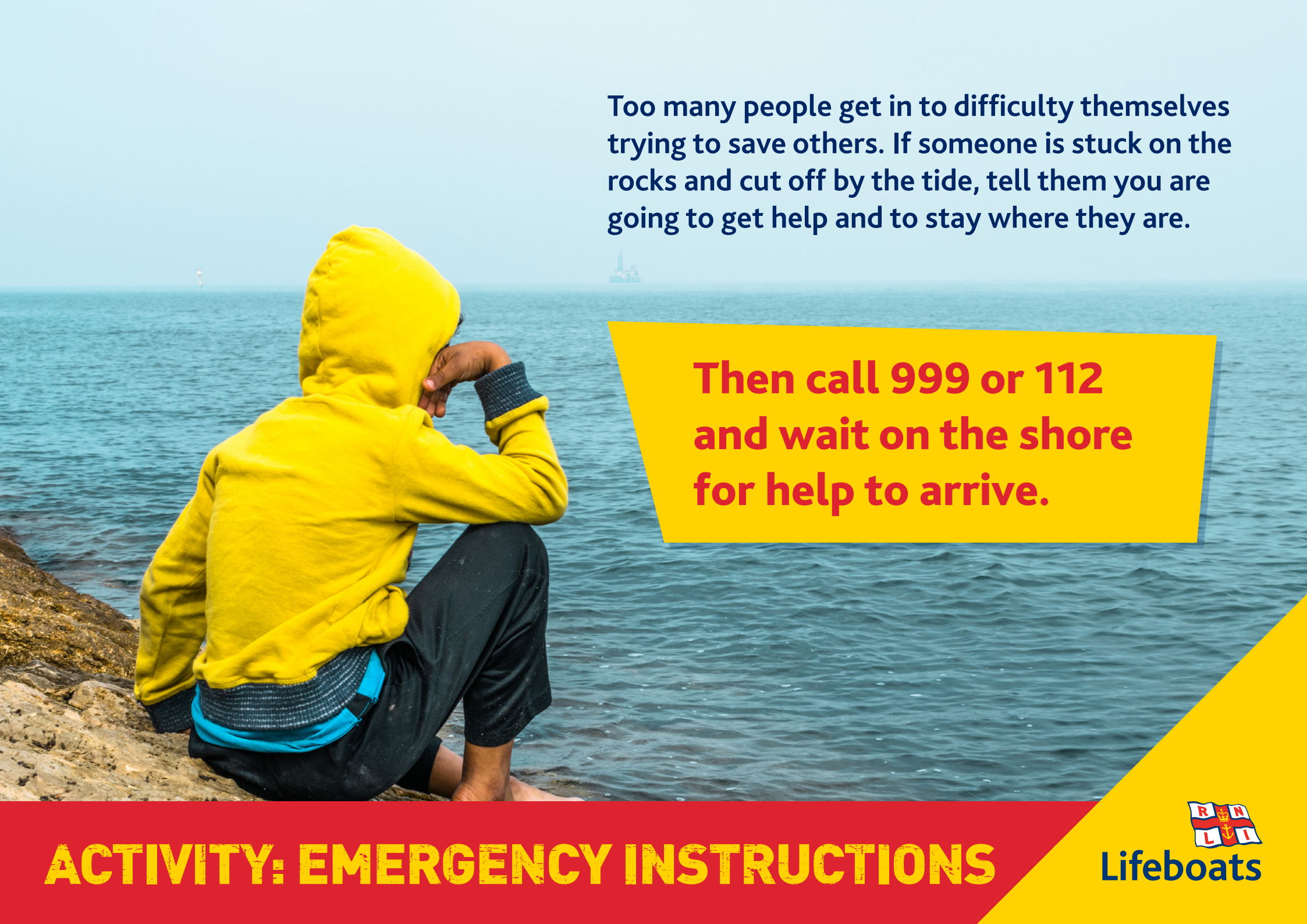
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A person wearing a bright yellow hooded sweatshirt and dark trousers is sitting on a rocky shore, looking out at the ocean. The person's back is to the camera, and they have their hand near their face. The ocean is a deep blue, and the sky is a pale blue. In the distance, a small boat is visible on the horizon.

Too many people get in to difficulty themselves trying to save others. If someone is stuck on the rocks and cut off by the tide, tell them you are going to get help and to stay where they are.

**Then call 999 or 112  
and wait on the shore  
for help to arrive.**

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# QUESTION 3

You see someone in a lake, calling for help. Do you...

- A. Throw them a life ring from a nearby safety point and call for help
- B. Wade into the water to try to help
- C. Run up and down screaming until someone hears you

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If you see someone in trouble in the water and there is something close by that floats that they can hold onto, throw it to them.

Then call 999 or 112 or find an adult to do this for you.

You should not attempt to go into the water to help them.



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If you see someone in trouble in the water call 999 or 112 and tell them that somebody is in trouble in the water.

An operator will answer and ask some questions about the emergency so they know how best to respond.



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It is important to stay calm  
and speak clearly.

Give them as much information  
as you can and listen to what  
they say to you.



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