

**UPPER  
PRIMARY**  
AGE: 7-11

INTRODUCTION & DELIVERY



**STOP AND THINK**



**STAY TOGETHER**



**FLOAT**



**CALL 999/112**



## ACTIVITY: EMERGENCY INSTRUCTIONS

**LEARNING OUTCOME:**

**1**

I know not to enter the water if someone is in trouble but to look for a flotation aid to support them and wait for help to arrive

Time: 30 mins | Format: Assembly or classroom activity | Maximum participation: Whole school

# INTRODUCTION

This activity helps strengthen pupils' understanding of what to do in the event of witnessing an emergency in the water. The aim is to communicate that calling 999 or 112 and telling them that someone is in trouble in the water.



## RESOURCES REQUIRED

- ✓ Emergency instructions slides

## LOW TECH OPTION

- ✓ Print outs of Emergency instructions slides

## DELIVERY

- Begin the session by using slides 2–12 to quiz the group on their responses to various emergency situations. Each scenario has a multiple choice option with a follow up slide containing an explanation with the correct course of action for each scenario.
- Reinforce the advice that if they see someone in trouble in the water, they should not enter the water to help. Instead call 999/112 and tell them someone is in trouble in the water. Stay back from the edge and do not enter the water. Then look for anything you can throw to help them float. Keep watch until help arrives.
- If time permits, children could role-play making emergency phone calls, with one child assuming the role of the operator and the other adopting the role of the bystander.
- Once they are clear on the emergency process, children should be tasked with writing a set of instructions for younger children, demonstrating what to do if they see someone struggling in the water.
- Explain that instructions should:
  - Be written in the present tense
  - Use time conjunctions
  - Use imperative verbs and adverbs to begin each step
  - Include bullet points or numbered steps

## DIFFERENTIATION

- Write a series of time conjunctions on the IWB for lower ability children to refer to.
- Tricky words / spellings can also be displayed on the IWB for support.