**Water Safety Lesson Plan 6 Throw and Reach Rescues – Instructional text**

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| **Y5 WATER SAFETY - Lesson 6 Throw and Reach Rescue – Instructional text** |  |
| **Walt: write instructional text** **Wilf:** * **Title and subheadings**
* **List of equipment**
* **Use imperatives**
* **Formal, impersonal tone**
* **Diagrams or illustrations**
 | **Teaching Points/ Resources****Throw and Reach Rescue powerpoint****and sheet**[Longfellow's WHALE Tales Resources | Red Cross](https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources) |
| **Introduction – look at Throw Rescue powerpoint.** **Key questions:*** **what do you notice?**
* **what might not be safe?**
* **what could you do that was different to make it safer?**
* **What rules should you follow?**
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| **Development activity - familiarisation**  |
| **Throw and Reach Rescue powerpoint. In pairs recap suitable objects. Show different everyday items which might be used to throw to someone in the water. Brief discussion.**  |  |
| **Main Activity** |
| **Write a set of instructions for someone needing to make a safe rescue. Whale Tales video ‘Swim as a Pair’.**  |  |
| **Observation task – What can I see?**  |
| **Have a look at partner’s instructional text. Have they got all success criteria on champion checklist? Is set of instructions same/different to yours? Can you understand the instructions and explain to your partner why they have included these instructions?**  | **Ask the observer to look out for 2 things:**1. **How many instructions are there?**
2. **Do they have any instructions which are different to yours?**

**Share some observations.**  |
| **Competition Time**  |
| **Which are the safest forms of rescue?****Let go if the rescue is too risky eg casualty too big/panicking and in danger of being pulled in****When is it best to stay and when to go?****When use each rescue approach?** |  |
| **Plenary** |
| **Feedback on walt/wilf – thumbs for self-assessment. Any questions?** **Next week: Look at making an emergency call** | **Recap main points of lesson** |