**Water Safety Lesson Plan 6 Throw and Reach Rescues – Instructional text**

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| **Y5 WATER SAFETY - Lesson 6 Throw and Reach Rescue – Instructional text** |  |
| **Walt: write instructional text**  **Wilf:**   * **Title and subheadings** * **List of equipment** * **Use imperatives** * **Formal, impersonal tone** * **Diagrams or illustrations** | **Teaching Points/ Resources**  **Throw and Reach Rescue powerpoint**  **and sheet**  [Longfellow's WHALE Tales Resources | Red Cross](https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources) |
| **Introduction – look at Throw Rescue powerpoint.**  **Key questions:**   * **what do you notice?** * **what might not be safe?** * **what could you do that was different to make it safer?** * **What rules should you follow?** |
| **Development activity - familiarisation** | |
| **Throw and Reach Rescue powerpoint. In pairs recap suitable objects. Show different everyday items which might be used to throw to someone in the water. Brief discussion.** |  |
| **Main Activity** | |
| **Write a set of instructions for someone needing to make a safe rescue. Whale Tales video ‘Swim as a Pair’.** |  |
| **Observation task – What can I see?** | |
| **Have a look at partner’s instructional text. Have they got all success criteria on champion checklist? Is set of instructions same/different to yours? Can you understand the instructions and explain to your partner why they have included these instructions?** | **Ask the observer to look out for 2 things:**   1. **How many instructions are there?** 2. **Do they have any instructions which are different to yours?**   **Share some observations.** |
| **Competition Time** | |
| **Which are the safest forms of rescue?**  **Let go if the rescue is too risky eg casualty too big/panicking and in danger of being pulled in**  **When is it best to stay and when to go?**  **When use each rescue approach?** |  |
| **Plenary** | |
| **Feedback on walt/wilf – thumbs for self-assessment. Any questions?**  **Next week: Look at making an emergency call** | **Recap main points of lesson** |