**Throw and Reach Rescue**

**Set up the bucket to represent the casualty**

1. Tell the children that the bucket is their friend who has fallen into the canal.
2. Ask children to empty out the bag of objects. As a group, decide which objects they would throw and which objects they would hold on to help (reach) their friend.
3. Explain that the current is flowing from left to right so if their throw is not 100% accurate (eg hits the bucket), then they need to throw to the left of the casualty so the current takes the object passed the casualty.
4. Each child to have a go at throwing – discuss what is hard/how could they make it easier to be accurate so they don’t ‘waste or lose’ the object.
5. Each child to have a go at reaching – discuss the best position to be in when pulling a friend towards the bank (answer: they should lie on the ground and reach so they don’t get pulled in – see if they can come up with this themselves).
6. Each child to have a go at preparing and then throwing the rope. Discuss what is hard/how could they make it easier to be accurate.