**Water Safety Lesson Plan 20 Plan a Safe Trip – PSHE**

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| **Y5 WATER SAFETY – Lesson 20 Plan a safe trip**  |  |
| **Walt: prepare and plan a safe trip** **Wilf:** * **equipment and correct clothing check**
* **check the location including any safety signs**
* **check the weather**
* **know who you are going with**
* **food and drink**
 | **Teaching Points/ Resources****RNLI ‘Water Quiz’ slides****Swim Safe slides ‘Planning a Trip to the Coast or Lake****Swim Safe Activity sheet 7** **RNLI ‘Water Safety Passport’****Swim Safe Activity sheet 8****Whale Tales video ‘Pack your (life) jacket’**<https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources> |
| **Introduction – planning and preparing ahead of going on a trip to the coast or a lake. Use RNLI ‘Water Quiz’ slides to make decisions based on given information. Explain reasons for answers.** |
| **Development activity - familiarisation**  |
| **Use ‘Swim Safe ‘Planning a Trip to Coast or Lake’ pp.**  |  |
| **Main Activity**  |
| **Watch Whale Tales video: ‘Don’t Just Pack It, Wear Your Jacket’. Continue with the Swim Safe ‘Planning a Trip to the Coast or Lake’ slides. With a partner, make a checklist to help you plan a visit to a beach or lake thinking about what you need to know about the area and what you need to pack for a safe trip using ‘Swim Safe Activity’ sheet 7.** |  |
| **Observation task – What can I see?**  |
| **Have a look at another pair’s checklist. Is it the same/different to yours?**  | **Ask the observer to look out for 2 things:**1. **Compare the checklists**
2. **Can you spot anything that has been missed out?**

**Share some observations.**  |
| **Competition Time**  |
| **Use RNLI Water Safety Passport slides and Swim Safe Activity sheet 8 to assess everyone’s knowledge. What can we remember from this unit of work?**  |  |
| **Plenary** |
| **Feedback on walt/wilf – thumbs for self-assessment.**  | **Recap main points of lesson** |