**Water Safety Lesson Plan 20 Plan a Safe Trip – PSHE**

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| **Y5 WATER SAFETY – Lesson 20 Plan a safe trip** |  |
| **Walt: prepare and plan a safe trip**  **Wilf:**   * **equipment and correct clothing check** * **check the location including any safety signs** * **check the weather** * **know who you are going with** * **food and drink** | **Teaching Points/ Resources**  **RNLI ‘Water Quiz’ slides**  **Swim Safe slides ‘Planning a Trip to the Coast or Lake**  **Swim Safe Activity sheet 7**  **RNLI ‘Water Safety Passport’**  **Swim Safe Activity sheet 8**  **Whale Tales video ‘Pack your (life) jacket’**  <https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources> |
| **Introduction – planning and preparing ahead of going on a trip to the coast or a lake. Use RNLI ‘Water Quiz’ slides to make decisions based on given information. Explain reasons for answers.** |
| **Development activity - familiarisation** | |
| **Use ‘Swim Safe ‘Planning a Trip to Coast or Lake’ pp.** |  |
| **Main Activity** | |
| **Watch Whale Tales video: ‘Don’t Just Pack It, Wear Your Jacket’. Continue with the Swim Safe ‘Planning a Trip to the Coast or Lake’ slides. With a partner, make a checklist to help you plan a visit to a beach or lake thinking about what you need to know about the area and what you need to pack for a safe trip using ‘Swim Safe Activity’ sheet 7.** |  |
| **Observation task – What can I see?** | |
| **Have a look at another pair’s checklist. Is it the same/different to yours?** | **Ask the observer to look out for 2 things:**   1. **Compare the checklists** 2. **Can you spot anything that has been missed out?**   **Share some observations.** |
| **Competition Time** | |
| **Use RNLI Water Safety Passport slides and Swim Safe Activity sheet 8 to assess everyone’s knowledge. What can we remember from this unit of work?** |  |
| **Plenary** | |
| **Feedback on walt/wilf – thumbs for self-assessment.** | **Recap main points of lesson** |