**Water Safety Lesson Plan 19 Safety Rules at a Swimming Festival - PSHE**

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| **Y5 WATER SAFETY - Lesson 19 Follow the Rules in preparation for Y5 Swim Festival Fun** |  |
| **Walt: keep ourselves safe in water while having fun****Wilf:** * **knowledge about swimming pool rules**
* **describe some potential dangers at a water park**
* **know how to avoid the dangers**
* **demonstrate can make safe choices**
 | **Teaching Points/ Resources****Whale Tales ‘Wave, Tide or Ride’ video ‘Water Park Safety’**<https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources>**Swim England ‘Activity sheet C’** **Swimming Festival pp** |
| **Introduction – use Activity Sheet C true/false as a starter. Talk about water parks and watch Whale Tales ‘Wave, Tide or Ride, Follow the Guide’ video for water parks. Introduce idea of a visit to Sheffield’s Ponds Forge leisure pool and share pupils’ experiences of this pool or similar. Watch Youtube video.**  |
| **Development activity - familiarisation**  |
| **Create some rules based on video and bullet points on pp..** |  |
| **Main Activity**  |
| **How would you share these rules with others? Discuss in pairs ready to share with class. Discuss meaning of collective responsibility for everyone’s enjoyment.**  |  |
| **Observation task – What can I see?**  |
| **Have a look at another pair’s sheet. Is it the same/different to yours?** | **Ask the observers to look out for 2 things:**1. **Have they remembered the important rules?**
2. **Did they present the rules clearly?**

**Share some observations.**  |
| **Competition Time**  |
| **Quiz. Volunteers give rule, rest think of the reason behind the rule. Point for a correct answer. Extra point for a pair with a sensible rule which no-one else has thought of.** |  |
| **Plenary** |
| **Feedback on walt/wilf – thumbs for self-assessment** | **Recap main points of lesson** |