**Water Safety Lesson Plan 19 Safety Rules at a Swimming Festival - PSHE**

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| **Y5 WATER SAFETY - Lesson 19 Follow the Rules in preparation for Y5 Swim Festival Fun** |  |
| **Walt: keep ourselves safe in water while having fun**  **Wilf:**   * **knowledge about swimming pool rules** * **describe some potential dangers at a water park** * **know how to avoid the dangers** * **demonstrate can make safe choices** | **Teaching Points/ Resources**  **Whale Tales ‘Wave, Tide or Ride’ video ‘Water Park Safety’**  <https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources>  **Swim England ‘Activity sheet C’**  **Swimming Festival pp** |
| **Introduction – use Activity Sheet C true/false as a starter. Talk about water parks and watch Whale Tales ‘Wave, Tide or Ride, Follow the Guide’ video for water parks. Introduce idea of a visit to Sheffield’s Ponds Forge leisure pool and share pupils’ experiences of this pool or similar. Watch Youtube video.** |
| **Development activity - familiarisation** | |
| **Create some rules based on video and bullet points on pp..** |  |
| **Main Activity** | |
| **How would you share these rules with others? Discuss in pairs ready to share with class. Discuss meaning of collective responsibility for everyone’s enjoyment.** |  |
| **Observation task – What can I see?** | |
| **Have a look at another pair’s sheet. Is it the same/different to yours?** | **Ask the observers to look out for 2 things:**   1. **Have they remembered the important rules?** 2. **Did they present the rules clearly?**   **Share some observations.** |
| **Competition Time** | |
| **Quiz. Volunteers give rule, rest think of the reason behind the rule. Point for a correct answer. Extra point for a pair with a sensible rule which no-one else has thought of.** |  |
| **Plenary** | |
| **Feedback on walt/wilf – thumbs for self-assessment** | **Recap main points of lesson** |