**How to Save Your Life in a Water Emergency**

**Choose different actions and explain what you would do and why it might save your life.**

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| **Action** | **Life Saving reason for taking this action** |
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**Cut out a picture and stick on the back of this paper. Label with all the life saving techniques the person is showing.**

**Example:**

**Keep head above the water**

**Take slow, deep breaths**

**Think before you sink**

**Turn away from the waves**

**Star Float on your back**

**Keep calm**