**Water Safety Lesson Plan 10 SAFE CODE – acrostic poem T-shirt design**

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| **Y5 WATER SAFETY - Lesson 10 SAFE CODE (knowing how to avoid difficulty)** |  |
| **Walt: understand and remember the SAFE CODE** **Wilf:** * **understand why we use mnemonics (‘nuh·mo·nuhk’)**
* **explain what each letter stands for**
* **find a way to remember the safe code**
* **describe some dangers near outdoor water**
* **describe what to do in some situations**
 | **Teaching Points/ Resources****‘The SAFE CODE’ powerpoint****Wade Entry video (also on Swim Safe Presentation slide 35)**<https://www.youtube.com/watch?v=SgJ3bTo2w34>**Whale Tales video ‘Swim as a Pair’** <https://www.redcross.org/take-a-class/teach-water-safety/whale-tales-resources>**‘Spot the Dangers’ RNLI****T-shirt template Activity Sheet p6 Swim Safe** |
| **Introduction – lots of exciting places to go.** **Key questions:*** **what’s it like in open, outdoor water?**
* **how is it different to a swimming pool?**
* **why might these places be dangerous?**
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| **Development activity - familiarisation**  |
| **Use ‘The SAFE CODE’ powerpoint. With a partner discuss/find all the hazards of jumping into the sea slide 3. Watch Safe Wade Entry video.****Teach the SAFE CODE (Spot Dangers, Advice, Friends/Family/Emergency Services). Go through slides, recap on areas already taught (flags/signs as these also offer Advice) (Calling Emergency Services).**  |  |
| **Main Activity**  |
| **Design a T-shirt with SAFE CODE either as slogans or an acrostic poem using the template on Swim Safe Activity sheet 6.** |  |
| **Observation task – What can I see?**  |
| **Have a look at partner’s T-shirt design. Is it the same/different to yours? Can you see anything you have missed? Have a discussion.**  | **Ask the observer to look out for 2 things:**1. **Are your T-shirts the same?**
2. **Have either of you missed anything?**

**Share some observations.**  |
| **Competition Time**  |
| **What does SAFE CODE mean? If carrying out a rescue, what safety rules should we include? Can we remember them all and explain why each rule is important? Use the RNLI ‘Spot the Dangers’ (river/canal) slide 15 on powerpoint with a partner, see if you can find all 14 dangers. Who has found the most? Give reasons.**  |  |
| **Plenary** |
| **Feedback on walt/wilf – thumbs for self-assessment. Next week learning about making safe choices.** | **Recap main points of lesson** |