**Water Safety Lesson Plan 1 Safety Rules at the Swimming Pool - PSHE**

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| **WATER SAFETY - Lesson 1 Safety Rules at the swimming pool** |  |
| **Walt: present safety rules as a poster**  **Wilf:**   * **talk about and list some of the safety rules at a swimming pool** * **draft a poster making decisions about where writing and illustrations will go** * **colourful and eye-catching** * **safety rules clear and easily understood** * **explain why it is important to have rules at a swimming pool** | **Teaching Points/ Resources**  **Powerpoint on swimming pool rules posters**  **‘Spot the Dangers at the Swimming pool’ Swim England**  **‘Colour Me In Spot the Dangers’ Royal Life Saving Society** |
| **Introduction – Brief discussion on pupils’ perceptions of safety at a swimming pool. With a talk partner, discuss ‘Spot the ‘Dangers’ sheet. Share findings with whole class.**  **Key questions:**   * **what do you notice?** * **what might not be safe?** * **what could you do that was different to make it safer?** |
| **Development activity** | |
| **With a talk partner, jot down possible dangers at the pool and how safety rules can help make everyone safe. What should the rules be? Look at the various posters on the pp. Recap on what makes a clear poster. Which poster do they prefer and why?** |  |
| **Main Activity** | |
| **Design a poster showing the main safety rules.** |  |
| **Observation task – What can I see?** | |
| **Have a look at partner’s poster. Is it the same/different to yours? Can you understand the rules and explain to your partner why the rules have been included?** | **Ask the observer to look out for 2 things:**   1. **How many rules are there?** 2. **Are there any rules that are different to yours?**   **Share some observations.** |
| **Competition Time** | |
| **Think of a safety rule and explain why the rule is important? Can we remember them all as a class team?** |  |
| **Plenary** | |
| **Feedback on walt/wilf – thumbs for self-assessment. Next week: expectations in swimming lessons.** | **Recap main points of lesson** |