A Ensure your own safety	B Call 999 immediately	C Stop the bleeding	D Keep the victim calm	E Things you should not do
first				

Put yourself in danger

Be as specific as you can about your location

Use something to apply pressure to the wound

Try and keep the victim talking

Check the perpetrator has left the area

If you can't call 999 yourself, ask someone else to do it immediately

Follow instructions

Lie them down and lift their feet higher than their body

Reassure them that help is coming

Try and remove the knife from the victim's body